

Title: Point-of-Care Ultrasound: Improve Your Lateral Ankle Injury Management

Summary

Describe the structures involved in a lateral ankle sprain. Understand how ultrasound may improve diagnostic accuracy. Integrate ultrasound imaging into clinical practice to improve management decisions in ankle injuries.

Details

Learning Objective(s)

After watching this activity, jointly provided with American Physical Therapy Association (APTA), you should be able to:

- Describe the structures involved in a lateral ankle sprain;
- Understand how ultrasound may improve diagnostic accuracy; and
- Integrate ultrasound imaging into clinical practice to improve management decisions in ankle injuries.

Faculty: Jon Umlauf, DSc, DPT, OCS, RMSK, and Theodore Croy, PhD, PT, OCS

Available Credit: 1 *AMA PRA Category 1 Credit(s)*[™]/1 ARRT Category A Credit(s). Upon completion of the learning activity, you will have 1 attempt to successfully pass the post-test with a score of at least 80% and claim your certificate.

Fees

AIUM Member: \$0

Nonmember: \$0

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Your fee includes access to the content and the opportunity to submit the CME test.

As of August 1, 2020, you will have 1 attempt to successfully pass the post-test with a score of at least 80% and claim your certificate.

CME Information

Release Date: 8/16/2021

Expiration Date: 8/16/2024

***AMA PRA Category 1 Credit(s)*[™]**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education

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The AIUM designates this internet activity enduring material for a maximum of 1 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AIUM Ultrasound Practice Accreditation

This activity can be used to meet part of relevant AIUM Training Guidelines and/or maintenance credits for accreditation purposes. [Learn more about AIUM Ultrasound Practice Accreditation here.](#)

ARRT Category A Credit

The AIUM is a Recognized Continuing Education Evaluation Mechanism (RCEEM) for the American Registry of Radiologic Technologists (ARRT). The AIUM is the owner and sponsor of this activity. This activity is approved by the AIUM for ARRT Category A credit. This CE activity may be available in multiple formats or from different CE sponsors. ARRT does not allow CE activities (e.g., Internet courses, home study programs, directed readings) to be repeated for CE credit in the same CE biennium.

Additional Credit Information

- American Registry for Diagnostic Medical Sonography (ARDMS). The ARDMS accepts *AMA PRA Category 1 CME Credit(s)*[™].

Documenting CME Credits

All participants who pass the post-test have access to a CME certificate. The AIUM will submit credits to the ARDMS for active AIUM membership accounts with a valid ARDMS ID number. It is the participant's responsibility to ensure credit accuracy and adherence to any audit requests.

Disclosures

Disclosure Policy

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Disclosures for this Activity

- Darcy Bellido de Luna, no relevant financial relationships to disclose
- Theodore Croy, no relevant financial relationships to disclose
- Ashley McDermott, no relevant financial relationships to disclose
- Jon Umlauf, no relevant financial relationships to disclose