

Title: How to Perform a Detailed Anatomic Ultrasound Examination in the First Trimester

Summary

This video provides an overview of anatomy that can be visualized during a detailed first-trimester sonogram. Fetal biometry acquired during the 11-14 week evaluation is demonstrated. A focus on screening markers, including those seen in the mid-sagittal plane, are evaluated. Precautions regarding ultrasound safety are also discussed.

Details

Learning Objective(s)

After watching this activity, you should be able to:

- Carry out a systematic evaluation of the fetus in the first trimester;
- Interpret an 11-14 week anatomic assessment;
- Determine the value of the mid-sagittal view of the fetus;
- List the latest markers that may be utilized to screen for various structural abnormalities at 11-14 weeks; and
- Recite the limitations and safety concerns of assessment at 11-14 weeks.

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Available Credit: 0.5 AMA PRA Category 1 Credit(s)[™]/ 0.5 ARRT Category A credit(s).

CME Information

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AMA PRA Category 1 Credit(s)[™]

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Additional Credit Information

- American Registry for Diagnostic Medical Sonography (ARDMS). The ARDMS accepts *AMA PRA Category 1 CME Credit™*.

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Disclosures

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Disclosures for this Activity

- Reem S. Abu-Rustum, no relevant financial relationships to disclose
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