Strain Rate Imaging for Visualization of Mechanical Contraction

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Background

- Sampling is a non linear process that creates new information not present in the real world. However, if the images is sampled adaquately the effect of aliasing can be mitigated.
- Kanai et al. were the first to describe the propagation of tissue motion in the heart during contraction using high frame rate ultrasound imaging.
- The study of propagating changes associated with electrical depolarization will require high temporal resolution comparable to electrocardiogaphy sampling rate (above 500Hz).
- Here we present strain rate images and their application for visualizing tissue shortening propagation in in left ventricle.





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Methods

- B-mode images were acquired using Duke University's phased array ultrasound system, T5 (Duke University, Durham, NC, USA).
- Images had an 80° field of view and angular sampled with respect to the theoretical diffractionlimited azimuth resolution. To acquire images at a high frame rates we use exploso scan with 32:1, 16:1 or 8:1 parallel receive operations for every transmit in order to sample images at 1 ms to 4 ms intervals.
- Due to the way strain and strain rate curves are normally visualized, it can be exceedingly difficult to detect propagating waves along the myocardial contour.







Strain Rate Image



In the strain rate image, the horizontal direction is time, and vertical direction is relative location along the myocardial contour.

- It is easier for the human eye to find patterns in an image.
- Therefore we can use a large number of strain rate \triangleright curves (100+ curves), where horizontal image axis is time and vertical is the location along the myocardial contour.







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Strain Rate Image

Two consecutive heart beats show that the patterns observed in strain rate images are consistent from beat to beat in the same patient.





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Results

- When focussing on the interventricular septum only, we see that there is a propagating wave of the tissue shortening onset.
- This tissue shortening onset propagation along the myocardial contour can be visualized using high frame rate strain rate images.
- The superimposed red line indicates tissue shortening onset along the interventricular septum. This line was defined by visual inspection of strain rate images.







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Results









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In a cohort of 22 patients with no diagnosed abnormalities, 5 different propagating patterns were identified, where the most common type was a propagation from somewhere inside the middle of the interventricular septum.

Туре	1	II	III	IV	V
#	2	9	6	3	2
V1 [<i>ms</i> ⁻¹]	V>20	1.29 ± 0.87	0.71 ± 0.16	1.86 ± 0.42	1.06 ± 0.24
V2 [<i>ms</i> ⁻¹]		1.38 ± 0.39	1.74 ± 1.23		

Patterns



IVS contraction propagation velocity in a normal cohort





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← V1 – V1

Summary

- With high frame rate ultrasound we are able to identify the origin of mechanical shortening of the ventricle.
- High frame rate imaging combined with the strain rate images allow for the observation of propagation patterns of shortening onset.
- Though multiple patterns arise in normal patients, the contractile pattern is consistent from beat to beat in each patient.



